

Practical information for new parents

Start-up in kindergarten and habituation time

You will receive a separate letter with information about the start date and which department/base your child will start at. One of the parents must join the child at the kindergarten for the first few days. Some employers give parents parental leave these days; talk to your own employer to find out if this applies to you. The employees at the kindergarten will tell you how long the child needs you to be present at the kindergarten, in discussion with you. It can be good and safe for the child to bring a stuffed animal, pacifier or something else that provides comfort.

Plans for work at the kindergarten

All kindergartens have their own annual plan which the parents receive. The annual plan tells about how employees work to ensure that the children feel safe, security and receive care experiences and learning. All the kindergartens have trained educators/kindergarten teachers and other employees who ensure a good kindergarten experience.

Play is a large part of everyday life at kindergarten and important for children's learning, development and social skills. Play is just as important, whether it is organized and with the guidance of adults, or according to the children's wishes and initiative.

Meals

There are different foods offered at our kindergartens, but the food being offered must follow national advice and is healthy and nutritious. The food the kindergarten serves is suited to the individual child's documented allergies/intolerance and the family's beliefs (e.g. halal, vegetarian). The food the children bring with them from home (packed lunch) should also contain nutritious food such as wholemeal bread, fruit and/or vegetables.

Clothes and equipment

At the kindergarten, everyone is outside every day and the children need clothes suited for all kinds of weather. Each child gets his or her own shelf in the changing room where they can have their clothes. The parents must provide clothes and enough change of clothes according to the season. These are necessary and must be available at the kindergarten all year round: underwear, trousers, socks, sweater, thin coverall, rain-wear and boots. Slippers or sandals for use indoors. If the child uses a diaper, the parents must also provide these. In the winter, the children need a winter coveralls, warm winter shoes, a sweater and wool or fleece trousers, hat, mittens and a neck/buff. All clothing and shoes must be labelled with the child's name.

Place in kindergarten

When a child is allocated a spot in kindergarten, he or she keeps that spot until the child starts school.

Parental payments

The parents pay for 11 months of the year, July is free of charge. In the event of low income, a reduced payment can be requested. Application forms can be found on the municipality's website. Sibling moderation is given at 30% for child number two, and 50% for child number three.

Delivery and pick-up at the kindergarten

We want you to let the staff know when you will come with the child and when you will pick up. Feel free to take time to talk to the staff about how the day has been and ask if you have any questions. If anyone other than the parents is to pick up the child at the kindergarten, please let us know.

Absence/free from kindergarten

The kindergarten wants to be notified when the child will not come due to illness, day off or holiday. Sick children should not come to the kindergarten; they should stay at home until they recover. If the child becomes ill at the kindergarten, the parent will be contacted by one of the staff.

All children have the right to, and must take, a minimum of 3 consecutive weeks of vacation during the summer.

Birthday celebrations

It is a tradition that the children's birthdays are celebrated at the kindergarten. How this is done varies from kindergarten to kindergarten.

Conversations and collaboration with parents

We want to make our kindergarten programme even better for all children. We encourage parents to ask questions, provide input and wishes from you as parents. We also encourage parents to tell us what is important for you and your child. We therefore ask you to contact the leader or an employee if necessary.

New parents will be invited to a start-up interview in two parts. Otherwise, all parents are invited to talk about their child twice every kindergarten year. To ensure that employees and parents understand each other well so we can work well together, the kindergarten has interpreters available to assist in discussions/conversations/meetings with and at the kindergarten when necessary. The cost of an interpreter is covered by the kindergarten.

Throughout the year, parents are also invited to parent meetings where the kindergarten present various topics to all the parents that they and the parents want to talk about. The parents are also invited some days to parent coffee/parent breakfast or similar events, where the parents are invited to meet and chat with employees and each other.

Sincerely,

Employees of the kindergartens in Eidsvoll